



new life
men

compassion • conviction
commitment • confidence • courage

Men On Target

Leader Manual

Brought to you by:



INDEX

PREAMBLE	PG (1)
QUALIFICATIONS/DUTIES	(3)
APPLICATION FORM	(5)
TRAINING SESSIONS:	(7)
1. <i>Leadership 101</i>	(8)
2. <i>On Target Facilitation</i>	(10)
3. <i>Responsibilities</i>	(15)
4. <i>Role Play Simulation</i>	(16)
CURRICULUM	(17)
SAMPLE OUTLINE	(19)
LOGISTICS	(21)
SAMPLE FORMS	(22)

Men On Target

A Weekly Gathering For Men

After almost thirty years of teaching through seminars and workshops both in the business and Christian environment I have discovered that most people do not learn and grow as the result of attending an event. As good as many workshops and events may be—they usually do not bring about meaningful change in people. Real growth can only occur in the context of an organized, ongoing process.

This manual provides information about a new Gathering for men I began in March of 2001. I want to say up front that this is no ordinary Gathering. It captures what I believe to be the best attributes of several highly successful studies going on around the country today. Some have been in existence for more than thirty years.

As I began the process of building this study I remembered something I used to say years ago to students at my leadership talks. I suggested that if you are to be a quality leader you must be an *environmentalist*. I would go on to say that I do not mean this in the biological sense. What I am saying is that environments bring about change. So, if you want to see something happen you have to construct the environment that will be most conducive for bringing about the desired change.

Let me use a common illustration for this: A greenhouse is an environment. We know that if you construct a greenhouse a certain way—with the right amount of light filtering through the roof, just the right humidity and the proper nutrients in the soil—all you have to do is introduce the seed and it will grow. It works this way for people too. With this in mind I began gathering information about successful models—or environments—where people were experiencing measurable life-change.

In the case of an ongoing, effective growth system for men I believe there are three essential ingredients.

1. Practical, Bible centered, process driven, precept-upon-precept teaching
 2. A mechanism for discussing the *life implications* of the information received
 3. Loving, accountable relationships with other men in order to insure the best possible chance for *life application*.
- Approach – high quality

An old management consultant I once new used to say *that if you dole out peanuts—you attract monkeys*. This was his way of saying you get back what you put in.

- Keys to success – great, well trained leaders – minister to them – ensure they do same – follow up calls, safe and not overly spiritual environment – monthly leaders meeting and annual planning retreat.
- Expansion through invitation – cards and brochures, invite friends.

Purpose

Building men of character

Premise

It has been said that *If you do not know where you are going...any road will take you there.*

Sadly today many men find themselves traveling endless roads with no end in site. There is a prevailing lack of *real* vision and purpose.

The result of all of this is a growing number of men who find themselves confused about their roles at home, unhappy and frustrated at work and in a desperate search for answers about the meaning of life.

We believe that the best way to turn this around is to help men through a process that will help men to grow and become the man that God intended. A man who is significant—a man of character.

Not unlike a greenhouse, there needs to be specific elements in place in order to ensure this kind of growth. They are:

- Bible centered, practical and process driven teaching (learning truth)
- Meaningful, loving and accountable relationships
- Opportunities to use and exercise *natural* and *spiritual* gifts (application of what I learn)

Our Plan:

To create an environment where:

- Men will experience significant personal growth through Christ centered, strategic and process driven *teaching*
- Meaningful *fellowship* will lead to accountable relationships and long lasting friendships
- Open discussion of each weeks lesson will lead to practical *application* of the principles learned

"It takes a relational environment in order for truth to become transformational."

—Vince D'Acchioli

Our Promise:

Through the study of God's Word, fellowship with other men and the discovery of practical life-application principles you will become a man who:

- Develops a more intimate understanding of and relationship with God
- Is a Godly and sensitive husband and father at home
- Discovers how to live a life that demands an explanation

- Regularly uses his God-given gifts to serve others and advance His kingdom

Men On Target

Discussion Leader Qualifications and Duties

Qualifications of the Discussion Leader

- Must have a personal and vibrant relationship with Jesus Christ.
- Must have an ongoing pattern of spiritual discipline, be moving toward spiritual maturity and be in a position to lead his men by example.
- Must not be dealing with any major sin issue that might prevent God's power from freely flowing.
- Must have a good knowledge of biblical truth and be able to effectively apply that knowledge to real-life issues.
- If married, must demonstrate love for his wife, as Christ loved the Church and have the affirmation of his wife for this ministry position.
- Must have a healthy relationship with his children (if applicable).
- Must have a passion and vision for personal ministry to men.
- Must be willing to spend the necessary time to nurture the men in his group and lead them toward spiritual maturity.
- Must be comfortable in the role of facilitator/leader.
- Must be teachable in the art of small group facilitation.
- Must be able to identify and train other Discussion Leaders.
- Must be committed to a local church and have the affirmation of his pastor.
- Must have excellent communication skills and (preferably) a sense of humor.
- Must be available, accountable, vulnerable and teachable.

Duties of the Discussion Leader (or Leader Assistant)

- Attend weekly meetings with a high level of commitment.
- Arrive at 6:15 AM each week to greet the men in your group and remain until the session is finished.
- Attend the monthly training and equipping meetings.
- Attend the annual leader retreat weekend.
- Lead the weekly discussion centered on the weekly topic utilizing the "On Target Facilitation" model as the standard.
- Contact every man in your group regularly with a non-agenda phone call.
- Meet separately with men who may need special help or guidance.
- Assist in the development of a leader assistant and recruit a new assistant whenever one is missing from the group.
- Be willing to serve as a Leader Assistant and be moved to a new group when one is started and you are needed in a Discussion Leader role.
- Complete the weekly paperwork as requested by the administrator.
- Clean off the table and return the nametags and other materials to their proper location.

1 Timothy 3:1-10

Here is a trustworthy saying: If anyone sets his heart on being an overseer, he desires a noble task. ² Now the overseer must be above reproach, the husband of but one wife, temperate, self-controlled, respectable, hospitable, able to teach, ³ not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money. ⁴ He must manage his own family well and see that his children obey him with proper respect. ⁵ (If anyone does not know how to manage his own family, how can he take care of God's church?) ⁶ He must not be a recent convert, or he may become conceited and fall under the same judgment as the devil. ⁷ He must also have a good reputation with outsiders, so that he will not fall into disgrace and into the devil's trap.

⁸ Deacons, likewise, are to be men worthy of respect, sincere, not indulging in much wine, and not pursuing dishonest gain. ⁹ They must keep hold of the deep truths of the faith with a clear conscience. ¹⁰ They must first be tested; and then if there is nothing against them, let them serve as deacons.

Men On Target Discussion Leader Application

Name: _____ Date: _____

Address: _____ City: _____, CO Zip: _____

Phone(Home): _____ Phone(Work): _____ Phone(Cell): _____

Fax: _____ E-Mail Address: _____

Marital Status: _____ Wife's Name: _____ Anniversary: _____

Children's Name(s) & Age(s): _____

Church Affiliation: _____ Pastor: _____

Employer: _____ Occupation: _____

Please share your personal testimony (you may use a separate sheet of paper if necessary):

What are you currently doing on a daily basis to nurture your relationship with the Lord?

Please list all of your current non-work or family related commitments:

Please list previous small group leadership experience:

Please circle the number for each item below that best represents your current position on the issue or topic (1-Strongly Disagree, 2-Disagree, 3-Neutral, 4-Agree, 5-Strongly Agree):

- | | | | | | |
|---|---|---|---|---|---|
| 1. Jesus Christ is my Savior and my Lord. | 1 | 2 | 3 | 4 | 5 |
| 2. I am not aware of any sins that currently keep me in bondage. | 1 | 2 | 3 | 4 | 5 |
| 3. I do not consume alcohol in excess or take any illegal drugs. | 1 | 2 | 3 | 4 | 5 |
| 4. I meet the qualifications of a leader as outlined in I Timothy 3. | 1 | 2 | 3 | 4 | 5 |
| 5. I do not physically or verbally abuse my wife or children. | 1 | 2 | 3 | 4 | 5 |
| 6. I do not struggle with pornography. | 1 | 2 | 3 | 4 | 5 |
| 7. I give financially to my local church and missions. | 1 | 2 | 3 | 4 | 5 |
| 8. I complete my tax returns with complete integrity. | 1 | 2 | 3 | 4 | 5 |
| 9. I believe in personal accountability and am willing to "give an account" of my life to my OTI peers. | 1 | 2 | 3 | 4 | 5 |

Pastor/Elder Affirmation

Please have a pastor or elder complete the following statement of affirmation:

I hereby affirm _____ as a follower of Christ affiliated with the fellowship at _____. I believe that his life reflects the qualities of a mature believer and that his testimony to the community and to his fellow peers at this church model the example of a "man of character" as of _____ (date).

Signature

Name/Position Printed

Wife's Affirmation (Required if Married)

Please have your wife complete and sign the following statement of affirmation:

I hereby affirm that my husband loves me as Christ loved the Church and demonstrates a godly example to our family. I believe he has the passion to serve other men and I will wholeheartedly support his participation and leadership in this ministry.

Wife's Signature

Date

Applicant's Affirmation of Commitment

I have read the Ministry Description for a Discussion Leader and agree to be held accountable to the standards expressed therein. I am willing to perform the duties of this position and will voluntarily ask to be removed from leadership at any future point in which I am not able to fulfill the responsibilities I have agreed to. With God's help, I agree to follow class leadership and commit my energy to the ministry of this organization.

Applicant's Signature

Date

Men On Target

Leadership Training Course

Session 1: (Application & Qualifications for leadership)

In this session potential tabletop leaders are taken through the application process and have an opportunity to develop a thorough understanding of their responsibilities.

Session 2: (Leadership 101)

In this teaching, leaders are encouraged to see leadership as Jesus lived it out. There is also a powerful teaching on the five non-negotiables of leadership.

Session 3: (On Target Facilitation/Responsibilities)

On Target Facilitation was developed in 2001 and is one of the best small group facilitation teachings in the marketplace today. Men are given biblical and practical principles on how to manage the four competing forces in group discussions.

Session 4: (Simulation and role play)

This final session is a role-playing exercise which focuses upon several dynamics which can cause difficulties in group discussions. There are some excellent examples of how to manage challenging situations.

Men On Target

Leadership 101

Vince D'Acchioli

Session Outline:

All of the great leaders have had one characteristic in common: it was the willingness to confront unequivocally the major anxiety of their people in their time. This, and not much else, is the essence of leadership. **John Kenneth Galbraith**

As a Christian man you are a leader of others whether you want to be or not. People are watching you very closely. If you are responsible for leading others, either through your work or other activities, it is important to understand the nature of leadership and various styles of leadership.

In business we often find labels for different leadership styles. Someone might be considered an autocratic or democratic leader. Let's look to Jesus as our example

Leadership 101:

1. _____ (Rom. 5:3-5)
2. _____ (Ecc. 12:13)
3. _____ (Prov. 29:18)
4. _____ (Matt. 22:37-40)

Life Implication:

As Christians we should not allow traditional worldly models of leadership to dictate. We need to take a fresh new look at leadership in the context of how Jesus led. He is our model. If we do not have a deep sense of love for those we lead we will not be able to lead as Jesus led.

Jesus was not in front pulling--or behind pushing. He walked with His followers--He was there for them. They followed Him because they knew He cared for them and their well being.

Matt. 22:37-40 *Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: Love your neighbor as yourself. All the Law and the Prophets hang on these two commandments.*

NOTES:

Discussion Question:

In which of the four areas discussed do I need to improve? What would others say about my leadership style? Explain.

Oswald Chambers, September 20

The Divine Commandment of Life

". . . be perfect, just as your Father in heaven is perfect" (Matthew 5:48).

Our Lord's exhortation to us in verses 38-48 is to be generous in our behavior toward everyone. Beware of living according to your natural affections in your spiritual life. Everyone has natural affections—some people we like and others we don't like. Yet we must never let those likes and dislikes rule our Christian life. "If we walk in the light as He is in the light, we have fellowship with one another" (1 John 1:7), even those toward whom we have no affection.

The example our Lord gave us here is not that of a good person, or even of a good Christian, but of God Himself. ". . . be perfect, just as your Father in heaven is perfect." In other words, simply show to the other person what God has shown to you. And God will give you plenty of real life opportunities to prove whether or not you are "perfect, just as your Father in heaven is perfect." Being a disciple means deliberately identifying yourself with God's interests in other people. Jesus says, "A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another" (John 13:34-35).

The true expression of Christian character is not in good-doing, but in God-likeness. If the Spirit of God has transformed you within, you will exhibit divine characteristics in your life, not just good human characteristics. God's life in us expresses itself as God's life, not as human life trying to be godly. The secret of a Christian's life is that the supernatural becomes natural in him as a result of the grace of God, and the experience of this becomes evident in the practical, everyday details of life, not in times of intimate fellowship with God. And when we come in contact with things that create confusion and a flurry of activity, we find to our own amazement that we have the power to stay wonderfully poised even in the center of it all.

Five non-negotiables for leadership:

1. Realize you are caring for God's flock
2. Motivated by a willingness to serve—not out of obligation
3. Seek what you can give—not get
4. Lead by example—not force
5. Have a deep passion and love for those you lead

1 Peter 5:2-4 *Be shepherds of God's flock that is under your care, serving as overseers—not because you must, but because you are willing, as God wants you to be; not greedy for money, but eager to serve; not lording it over those entrusted to you, but being examples to the flock. And when the Chief Shepherd appears, you will receive the crown of glory that will never fade away.*

On Target Facilitation Training Session

Primary Role of the Leader – “On Target Facilitation”

Webster defines the verb facilitate as “to make easier.” Your primary role as small group leader is to “make the discussion easier” for every man in your group. This is not as easy as it might sound. It requires active work on your part to be successful.

Before defining how that definition applies to our groups, let’s first review what it is not. “On Target Facilitation” is NOT:

1. **Lecturing** – The teacher has already lectured for 30 minutes. Now it’s time for the men to participate in discussion focused on application and encouragement.
2. **Condemning** – The men in your group probably already know that their lives are not what God desires. The group’s purpose is to encourage righteous living, not judge past actions.
3. **Watching** – As the facilitator, you are the leader of the discussion. If something is not happening as it should, it is your responsibility to take appropriate action. Do not watch a group wander off on “rabbit trails”. You are the leader. Lead appropriately.

The goal of facilitating group discussion each week is to focus on balancing four sets of competing issues. Each of these sets of issues will be “in tension” and the role of the facilitator is to maintain the proper balance in all four areas.

Think of a “target” with the middle being the “bulls-eye”. Each of these four sets of issues can pull your discussion off target unless you monitor what is occurring and take action to keep the arrows pointed toward the bulls-eye.

1. People Driven versus Task Driven.

A “people driven” group focuses only on the people and doesn’t accomplish the tasks required. Usually this type of group focuses on only one or two people – the few people who talk the most or the few people with the biggest problems. This type of group doesn’t stick to the weekly topic because it drifts to whatever individuals decide to discuss.

A “task driven” group focuses only on the tasks and is insensitive to the needs of individuals in the group. Sometimes, it is appropriate to miss a “task” (not end on time, for example) in order to focus on a person (extra time in prayer). The leader must balance movement toward the goals against the needs of individuals.

2. Ask Directed versus Tell Directed.

An “ask directed” style by the leader and the group encourages discussion. This is particularly true when the questions are friendly and open-ended so that others are encouraged to share their ideas. However, too many questions may leave men without any practical solutions for the issues they’re facing. It is also important for the leader to model openness by sharing from their life before expecting the other men to open up. This is particularly true during the early stages of group formation.

A “tell directed” style by the leader and the group discourages discussion by those who are less vocal. These quiet types of individuals will “listen” to the talkers share their ideas, but no one will know their opinions. One “tell directed” individual can so dominate a group that no one (other than the one dominating) enjoys the group or finds their needs being met.

3. Prayer Emphasis versus Practical Solutions Emphasis.

A “prayer emphasis” group is one that will always “pray” for a brother in need, but fails to provide practical advice or accountability for life change. A small group can be a powerful agent for life change. But that will happen only when a group takes responsibility to offer practical solutions to group members and lovingly hold them accountable through the process.

A “practical emphasis” group is one that always offers practical solutions, but fails to seek God’s power for life change. The ultimate change agent is the Holy Spirit. We must always recognize our need for His power in our lives. We can never rely on “the arm of man” for significant life change. We must seek God’s power and that is accomplished through prayer. A group that never prays together is saying through their behavior that God’s help is not needed.

4. Aggressive versus Passive.

An “aggressive” group is one in which members use sharp words that damage other members. Solomon tells us that “the tongue has the power of life and death.” An aggressive style causes the tongue to speak words that wound others. Usually, aggressive individuals have not come to grips with their own sense of self-righteousness. The Pharisees were very aggressive, but they failed to help individuals in need.

A “passive” group is one that watches its members hurt, but fails to take any action to assist. Scripture tells us that we are to take action when a brother is in need. We are to grieve with those who are grieving. An “active” group is one that takes appropriate action to help a brother in need without becoming aggressive in its tone.

What Does “Success” Look Like?

Each week, your role is to balance these four areas of discussion in your small group. You should ask yourself, “How did we do in these four areas today?”

1. Did I balance our people orientation and our task orientation?

People Focus Only	Balance	Task Focus Only
-------------------	---------	-----------------

2. Did I balance our emphasis on prayer and practical solutions?

Prayer Emphasis Only	Balance	Solutions Only
----------------------	---------	----------------

3. Did I balance asking questions and making statements to insure that everyone had opportunity to share?

Questions Only	Balance	Statements Only
----------------	---------	-----------------

4. Was the tone of our group’s discussion friendly and active or did it drift towards aggressiveness or apathy?

Aggressive	Friendly & Active	Apathetic
------------	-------------------	-----------

Second Most Important Role of the Discussion Leader

Next to being an “On Target Facilitator”, the 2nd most important responsibility is for you to call your men each week with a “non-agenda phone call.” This is how you will establish credibility with your men and demonstrate your concern for their well being.

Here are some suggestions to help you with this role:

1. For any men who miss this week’s meeting, call them that evening or the very next day. This will clearly communicate your awareness of their absence. They should know that you care when they are unable to attend. Even if you know why they were absent (vacation, for example), you should call to let them know about the group and any prayer requests they should keep in mind.
2. For any men with a significant event (such as important meetings, conflict resolution, etc.), you should call on the day of the significant event. This will demonstrate that you were listening to their prayer requests and know what is going on in their life. Write down the prayer requests each week and use these as a means of timing your follow-up call.
3. For men without a significant event, call sometime within the next 2-3 days. This will make it more likely that there will be additional information to discuss that was not discussed at the last meeting and the conversation will seem more natural.
4. If possible, get your men’s work phone numbers and call them during the day. This will make it more likely that you reach them and will also give both of you a reason to keep the conversation short and to the point.
5. Plan to meet with men in your group for breakfast or lunch at least once every three to four months. A social setting will make it easier to build a strong relationship with them and you will find the weekly calls easier to make.
6. Before you call, know what question(s) you will ask to stimulate conversation. If you already know how to start the conversation, it will be less awkward when you call. Since you are making the call, it is your responsibility to initiate the conversation and move it in a positive manner.
7. Use the phone call to get feedback from the men regarding their sense of how well the group is going each week. You may learn information in this setting that would not be shared in front of the group. This is also a time where you can provide “coaching” to men who may be causing disruption to the group regarding their responsibility to the group as a whole. Be careful in these areas, but allow for this time to be used in setting up a healthier group discussion next week.

THE PHONE CALL:

Post Meeting

- Make notes during your discussion time of pertinent information which might form the basis for a follow up call.
- You or your assistant should call each member once a week. Email is not a good alternative but may be used occasionally to give important information to the group or for prayer requests.
- If they miss a meeting it is a good reason to call them right away—simply to check up and find out if everything is ok.
- Be prepared with questions to ask – significant things that they may have going on that you may have noted.
- If there is nothing specific going on that you know of—then simply tell them you are just touching base—wanting to know if everything is going ok and there are any specific prayer requests.
- Get their work number – will limit time in conversation.
- Schedule an occasional lunch or breakfast with those who may be hurting.
- Use these opportunities to get feedback on how the group is doing.
- Tell them you love and care about them – often.

OTI Leadership Responsibilities

Preparation

- Prayer
- Study the outline for the week and review the discussion question(s)
- Train an assistant
- Tables of no more than six

Pre-meeting responsibilities

- Look for visitors and greet them warmly—remember that many may be non-believers and avoid overt and overly spiritual talk
- Mingle with the men and not other leaders
- Be an encourager

Discussion time

- Watch for non-verbal signs during the teaching time—these often suggest a particular point of need or struggle
- Ask the men to openly address the discussion question(s)—ask if there are any personal illustrations or stories
- Try to get every man involved—watch for those who may want to talk too long and remind the group to be sensitive to the time
- Watch for anyone who may be hurting—remember that finishing the discussion exercise is second to meeting needs
- Allow enough time to pray for specific needs
- Challenge the men to write down one or two specific action items—new behavior they may want to enter into as a result of the lesson
- Offer your phone number or e-mail address for anyone who may need to contact you during the week
- Let them know how much you love and appreciate them—often

Post Meeting

- You or your assistant must place a non agenda phone call to each member of your group every a week
- Schedule an occasional lunch or breakfast with those who may be hurting to encourage them
- Look for opportunities to have occasional social events with their families
- Pray for each man in your group every day

General

- Remember that our goal is personal growth
- Be on the alert for men who may have matured and are ready to assist or host their own table
- Look for powerful testimonies that might be appropriate for the whole group to hear

OTI LEADER TRAINING SEMINAR

SESSION 4 (Group Dynamics)

When we choose to live in isolation we are known by our weaknesses...when we choose to live in community we are known by our contributions, gifts and talents.

ROLE PLAYING EXERCISE

THE TALKER:

THE SILENT:

THE ONE AGENDA GUY:

THE THEOLOGIAN:

OTI Curriculum

Taken from leaders storyboarding session, March 2001

Major Categories from storyboards (in order of priority)

- Relationship With God/Spiritual Growth & Intimacy 8
- Identity/Significance/Respect/Fear of Man 8
- Family Relationships/How to Love 8
- Sexuality/Addiction/Thoughts/Lust 8
- Christian Lifestyle/Integrity & Ethics 7
- Spiritual Leadership 6
- Money/Stewardship/Provision 6
- Marriage/Husband & Wife 6
- God's Will/Vision & Purpose 6
- Unforgiveness/Anger/Past Hurts 5
- Vocation/Responsibility 5
- Priorities/Balancing Time 5
- Service/Community Outreach 4
- Fatherhood 4
- Family Health Issues 3
- Communication/Listening Skills 2
- Faith/Doctrine/Church 2
- Accountability 2
- Competition 2
- Greed 2

The above list is the results from our topic storyboarding session. What follows is a loose outline of weekly teachings designed to address areas of need for men. Considerable time and effort has gone into placing the topics in a sequence that best facilitates the learning process.

Men On Target Curriculum

The following is an outline of topics and the order in which they will be dealt with at *On Target Institute*. The process will include testimonies and other relevant sessions, which may be appropriate and should take approximately one year to complete.

Introduction:

1. Introduce program
2. Character defined (our goal)

Who is this God?

1. The God who is—not the god we want
2. Getting to know Him 1 (Reading the Word)
3. Getting to know Him 2 (Prayer)
4. Getting to know Him 3 (Praise)
5. The Three Unalterable Facts (What He wants us to know)
6. Overcoming the father wound

Overcoming our past:

1. What are you afraid of (dealing with fear)
2. Dealing with anger
3. Dealing with unforgiveness
4. Dealing with guilt (letting go)

Resisting Temptation:

1. Barriers that keep us from God
2. The key to a life of power (2 Sessions)
3. Liberty, freedom & success (Obedience 3)

How and Why did God make me? (The Vision)

1. How am I wired (2 Sessions) + gift test
2. Why am I here? (2 Sessions)

A Man's Response (Living the vision)

1. Navigating Change
2. Understanding my responsibility
3. Understanding my response
4. Attitude and Actions = Character and Integrity (The Matrix)

A Man's Response (At Home)

1. A man and his family
2. A man and his wife
3. A man and his children (3 Sessions)
4. A man and his extended family (In-laws or Out-laws)
5. A man and his time (2 Sessions)
6. A man and his money (3 Sessions)
7. A man and his temple

A Man's Response (At Work)

1. A man and his work (2 Sessions)
2. A man and his work (compromise)
3. How do I lead others (2 sessions)

A Man's Response (At Church/Community)

1. A man and his church
2. A man and his community

A Man's Need For Accountable Relationships

1. Understanding accountability
2. Understanding relationship systems

A Man's Need For Fulfilling The Great Commission

1. Witnessing 101

A Ministry of *On Target Ministries*
www.ontargetinstitute.org 1-800-367-6364



Session Outline and Discussion Question
“Dealing With Guilt-Releasing The Past”
Vince D’Acchioli -- July 18

Session Outline:

Rom. 8:1-2 *“Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.”*

Guilt is the by-product of sin. It can be sins of commission or omission. Fear and shame can also contribute to a sense of guilt. We must be aware of the guilt-cycle and the law of diminishing return.

The guilt cycle happens when we fail and look for satisfaction or release in the wrong places--sex, alcohol, drugs, etc. The law of diminishing return proves that these false release mechanisms are never enough--they are temporary at best and lead to more guilt. God is our only true source of release.

Five Keys To Letting Go Of Your Past:

- 1.) Resist _____ (Ps. 32:5) (Rom. 3:23-24)
- 2.) Focus on the _____ (2 Cor. 5:17) (James 1:2-4)
- 3.) Commit to _____ (Heb. 6:1-2)
- 4.) _____ and _____ (2 Chron. 7:14)
- 5.) _____ relationships (Prov. 27:17) (Gal. 6:1-2) (Heb. 10:24)

Life Implication:

Guilt and condemnation can be the result of not dealing effectively with *fear*, *anger* and *unforgiveness*. We must always remember the difference between *condemnation* and *conviction*. Condemnation comes from the enemy of our soul while conviction comes from the Holy Spirit. Condemnation can destroy us--conviction can restore.

“Condemnation will never take root if conviction is responded to with confession”. **Jack Hayford**

The world and all of its secular forms of treating human behavior does not have an answer for our condition. Only as we are able to *release* the negative influences from our past to God can we find true freedom.

OTI Facility Setup

Seating

- Tables of six
- Pencils and note handouts/paper and badges (small plastic boxes with table numbers are a good way of managing badge and tabletop signs)
- Reserve table for first-timers up front for meeting with session leader—mark the table with a sign and place enough brochures and cards for all new visitors

Check in/Setup

- Set up tables for check in, product sales and resume table
- Make sure all visitors use the stick on badge and fill out the registration card if they intend to join
- Encourage the men to check the podcasts for past sessions
- Give out the Men On Target manual (second time people)
- Direct new visitors to the first timer's table
- Make sure to acknowledge everyone – you are the first impression

Refreshment service

- Make sure coffee and any refreshment service is set up 15 minutes before the meeting
- Ask for volunteers for cleanup

Tear down

- Be prepared to assist in any special tear down needs
- Clean up all trash and leave the room ready for the next meeting

Men On Target

Participant Feedback Form

Name: _____

Date: _____ Group #: _____ Approx. # Weeks Attended: _____

In an attempt to maintain the highest quality and most effective ministry it is necessary to get feedback from our participants.

Describe what Men On Target has meant to you:

List one or two principles you have learned that you have put into practice in your life:

What future topics would you like to see covered:

Please circle the number for each item below that best represents your current position on the issue or topic (1-Strongly Disagree, 2-Disagree, 3-Neutral, 4-Agree, 5-Strongly Agree):

- | | | | | | |
|---|---|---|---|---|---|
| 10. Weekly topics are relevant | 1 | 2 | 3 | 4 | 5 |
| 11. Discussion questions stimulate healthy conversation | 1 | 2 | 3 | 4 | 5 |
| 12. Our leaders do a good job of managing our time | 1 | 2 | 3 | 4 | 5 |
| 13. I feel safe in sharing my needs with the group | 1 | 2 | 3 | 4 | 5 |
| 14. My group leader calls me on a regular basis to see how I am doing | 1 | 2 | 3 | 4 | 5 |

Use reverse side for additional comments.

SAMPLE REGISTRATION CARD

Men On Target

Registration Information

(Please Print Neatly)

Name: _____

Address: _____ City: _____

Zip: _____ Tel Hm. _____ Tel Wk. _____

Cell: _____ E-mail: _____

Birth Date: ___/___/___ Age: ___ Occupation: _____

Wife's Name: _____ No. Kids: _____

Kids Names and Ages: _____

Your Hobbies: _____



ON TARGET
M I N I S T R I E S

For more information contact:
On Target Ministries
P.O. Box 1654, Monument CO 80132
719.481.2620
www.ontargetinstitute.org
vince@ontargetinstitute.org